

INSPIRE FESTIVAL

Saturday 3rd
August

12noon - 8pm

An Inspiring Celebration of Diversity
Encompassing:

Workshops
Guest Speakers
Stands & Stalls
Live Acts & Music

Methodist Church Glossop
Chapel Street
SK13 8AT

Contact Details

Watsonnorthwest@hotmail.co.uk

Website: www.InspireFestival.org

Find us on Facebook

Inspire Festival Description

Date: Saturday 3rd August

Venue: Glossop, Central Methodist Church

The Church offers a great central Glossop location, and is only a short walk from the train station for people commuting

Time: 12noon until 8pm

The Inspire Festival will be a community festival in Glossop, embracing all aspects of the local community.

The festival will include:

Arts

Music

Culture

Local Shops / Traders

Local Organisations and Charities



<http://www.inmymindseye.co.uk/green-man-wall-plaque---spring-green-3792-p.asp>

Aims

To promote community connections and prevent isolation.
To enable groups and organisations which benefit the community and individuals to promote themselves and the services that they provide.

To provide a diverse range of activities, and entertainment.
To provide a fun, engaging, and positive atmosphere.

To Inspire

Arts
Peace
Culture
Equality
Diversity
Wellbeing
Fair Trade
Sustainability
Animal Rights
Human Rights
Local Community
Local Shops and Traders
Green and Environmental
Positivity and Compassion
Protecting the NHS and Public Sector

The Festival

Community groups, organisations and individuals have all come together to provide and celebrate the aims and inspiration, by providing:

- Stands & Stalls
- Workshops
- Performances
- Guest Speakers
- Demonstrations
- Presentations
- Interactive Activities
- Drama & Performances



Brian Froud

ENCHANTED WOODLAND THEME

The Enchanted Woodland will provide nature inspired activities, encompassing arts, live acts, family fun, entertainment, and interactive activities and wellbeing. Plus, what better place to stimulate creativity and imagination?

The Enchanted Woodland Theme aims to inspire people interest and appreciation for nature. We are also looking to stimulate creativity and imagination and provide an enchanting atmosphere, by exploring characters from, Myths, Folklore, Legends and Faerie Tales. In particular Greenman and Mother Nature.

Webpage for the Enchanted Woodland Theme so far
<http://www.inspirefestival.org/the-theme/>



<http://s-u-n--m-o-o-n.tumblr.com/>

Enchanted Woodland Parade

Time: 14:00

Route: Through Hare Hills Wood

Prize: Two Family Tickets to the 'Chestnut Centre'



Facilities

Performances and Bands Large hall with stage

Live Act Large hall (Theatre Style)

Workshops One Medium sized room - more energetic

Workshops Medium sized room with comfortable chairs -of a more sedate nature.

Stands and Stalls Car park - which surrounds the church -

Enchanted Area Green space/grassy area, at the rear of the church -
Interactive activities inspired by the arts and nature.

Cafe - 'The church will be providing food and refreshments' the cafe offers generous space, and opens up onto a green grassy area to the back of the church.

Disability Access and Facilities

Toilets including a large disabled toilet

The Church has Disability Access through out

There is a Loop System through out the church

There is a large disability toilet

The access to the woodland and grassy area would be difficult for wheel chair users, although the car part looks on to both of these areas

Inspire Festival Facebook Page

<http://www.facebook.com/InspireFestival>

Inspire Festival Website

<http://www.inspirefestival.org/>

Community Pages

Groups & Organisations

Glossopdale Time Co-op

Wouldn't it be great to have a large group of people helping each other out and sharing their skills? Glossopdale Time Co-op wants to enable people to give their time to assisting others and to get help in return, creating an environment in which we can all learn new skills and make new friends along the way.

For more information, please email the time brokers at glossopdaletimecoop@inbox.com

Glossopdale Transition Initiative

Glossopdale Transition Initiative is a group exploring ways of adapting to the pressures of climate change, resource depletion, and economic austerity. It is part of the Transition Network, an international movement operating on the local level

<http://www.glossopdaletransition.org.uk>

High Peak Arts

High Peak Community Arts provides opportunities for people to participate in high quality creative arts projects, enhancing their quality of life through self expression. We focus on those who have least access to arts and culture, benefiting some of the most hard to reach and isolated individuals and groups in the community. Our participants include those affected by disability, lack of resources or encouragement, rural isolation and other personal or social circumstances

<http://www.highpeakarts.org/>

Artsderbyshire

Arts Derbyshire is the forum for joint working on arts development between local authorities and arts organisations in Derbyshire.

<http://www.artsderbyshire.org.uk/>

High Peak Women's Aid

High Peak Women's Aid (HPWA) is a locally run organisation offering free support to women and children in the High Peak

<http://highpeakwomensaid.org.uk/>

People's Kitchen Glossop

A monthly event serving local, sustainable food.

- Cheap and inclusive
- A place to meet people and socialise
- About DIY culture and mutual aid

<http://peopleskitchen.tumblr.com/>

Walk the Wheel

At a typical event there will be time for reflection on the time of year and the energy it offers us, a sharing of creativity in response to the season (for example, poetry reading, storytelling, chanting, singing, simple crafting) and time to share a cup of tea, some nibbles and a good old natter.

<https://www.facebook.com/groups/417547204966602/>

Community Volunteer Centre

Volunteer Centre Glossop is a charitable organisation. It was established to enhance the quality of life for the people of Glossop and the High Peak by promoting the value of volunteering and ensuring that volunteer opportunities are available for all. It is committed to providing ongoing support for volunteers and the organisations they work with.

The Centre also works to identify the unmet social and/or economic needs of the community and to establish projects to meet those needs with a commitment to those projects becoming independent.

<http://www.vcglossop.org.uk/>

St Christopher's Trust

St. Christopher's Trust is a Registered Charity, we were established in 1954 as a residential school for people with learning disabilities. The Trust provides Residential and Domiciliary Care and Support to adults in Glossop and Buxton, and we offer supported housing in Glossop.

The Trust is committed to providing the best possible care and support so as to achieve best optimum outcomes for our Residents and Service Users. The Trust is constantly working to raise standards and improve quality, we have a good reputation within our local community and is recognised as a valuable contributor to Social Care in the local area.

The Charity has recently submitted a planning application to redevelop it's main site to construct new accommodation for our Residents on our original site. These new supported living apartments will be purpose built for adults with learning disabilities and designed to meet all their needs.

tel: 01457 852687

email: sue@stchristopherstrust.org

<http://www.stchristopherstrust.org>

Fit Over Fifty

Fit Over Fifty is a community interest company, which provide chair-based exercise to people over the age of 50, and offer a number of free classes, but sessions start from only £25. www.fitoverfifty.btck.org.uk

Events

Art in the Window

Throughout August independent retailers across Glossop and Hadfield will be displaying work by local artists, celebrating the area's creative community and unique High Street experience.

[https://www.facebook.com/pages\(Art-in-the-Window-Glossop-and-Hadfield/440957772603373](https://www.facebook.com/pages(Art-in-the-Window-Glossop-and-Hadfield/440957772603373)

Glossop Peoples Festival

An artistic celebration of Glossopdale

Join us for a 7-day Festival of music and art in our wonderful Peak District Town of Glossop, Derbyshire.

Nestling on the edge of the beautiful Peak District, at the foot of the Snake Pass, Glossop is just a short distance from Manchester and Sheffield. Why not come and stay and join us for a weekend of amazing music and much more.

Glossop People's festival 2013 will take place from August 22 - 29th.

Performances

The festival will feature amazing songwriters and performers celebrating the many talents that reside in the amazing town of Glossop including talented filmmakers, great art, comedy and variety.

Our venue - the Oakwood pub - is a real community pub, showcasing art and music alongside good food and great real ales.

<http://www.glossoppeoplesfestival.co.uk/>

Local Shops

Jakasta

New Age, Ethnic, Art and Gift Shop
15 George St, Glossop, Derbyshire, SK13 8AY

George Street Books

14-16 George Street, Glossop, Derbyshire, SK13 8AY

Praze

An authentic delicatessen offering a wide range of gourmet foods an array of award winning products. Situated in the heart of Glossop in North Derbyshire, here at Praze we are passionate about the products we stock, so you'll find many regional artisan products as well as foods from around the world & a great selection of cookware & gift ideas. Including custom made hampers & gift vouchers

Praze Fine Foods - 53 High Street West - Glossop - SK13 8AZ

<http://www.praze.co.uk/>

Salliemoonbeam

Traditional Sweet Shop
81 High Street West, Glossop

Bay Tree Books and Gifts

At the gateway to the Peak District, Bay Tree books and Gifts in Glossop is brimming with delights. Presented over two floors, our little shop has loads of character and imagination that just can't help but draw you in.

<http://www.baytreebooks.com/index.html>

Glossopdale Furniture Project

The Glossopdale Furniture Project is a voluntary organisation that accepts donations of unwanted furniture from the public and passes them on to people in receipt of benefit.

8 Henry St, Town Centre, Glossop, SK13 8BW
01457 857505

<http://www.glossopdalefurnitureproject.co.uk>

Sage Green Interiors

The range of goods to be found include everything from clocks, photo frames, organic soaps, body lotions, top quality candles, soft furnishings, and seasonal accessories.

26 High Street West, Glossop
SK13 8BH

<http://www.sagegreeninteriors.co.uk>

Glossop Market

Welcome to Glossop Market Traders. We are Market Traders and Shopkeepers in Glossop and we can be found at the heart of Glossop on the corner of High Street West (just before the start of the Snake Pass) and Victoria Street (all roads south!). Together we have many years of trading in our specialised areas. We are passionate about our chosen products and it shows. In the market and shopping arcade you can find a wide range of product from apples to zinc capsules, with many other products in between. If you cannot find what you're looking for, we'll be happy to order it for you or make it. We want to believe, that you can shop local. A healthy market makes a healthy High Street.

Our days of trading are Thursday – Saturday (indoor) and Friday and Saturday outdoor). The shops in the market arcade are open all week. Every second Saturday in the month there is a local Produce Market, with locally sourced produce from the High Peak and neighbouring areas

Glossop Community Group

The group enables people to post, groups, meetups, events and information.

Promotes positive community connecting, by bringing together like minded people who share the interests and values listed below:

Community Groups
Events and Meetups
Health and Well being
Supporting the Public Sector
Supporting the NHS
Arts
Culture
Projects/Campaign Groups
Charities
Human Rights
Green/Environmental
Animal Rights

Diversity & Equality
Hobbies and Interests
Compassion and Positivity
Mindfulness
Peace
Grassroots
Preventing Isolation
Local Shops
Fair Trade
Sustainability
Local pubs (not chain pubs)

Please join the mailing list to received updates and Newsletter. If you would like something to appear in one of the Newsletters please email me details:

whatsonnorthwest@hotmail.co.uk

Find on Facebook

What's on North West



What's on North West is a community group, that aims to enable community connecting by bringing like minded people together, who share the interests and values from the list below

Community Groups
Events and Meetups
Health and Well being
Supporting the Public Sector
Supporting the NHS
Arts & Culture
Projects/Campaign Groups
Charities
Human Rights
Green/Environmental
Animal Rights
Diversity & Equality
Hobbies and Interests

To receive the Newsletter or feature in the Newsletter please join the mailing list: whatsonnorthwest@hotmail.co.uk

Thank You

I would like to thank the following

Helen Stubbs
For letting us use the church facilities

SaraJayne Slocombe
Who has created and maintained the 'Inspire Festival Website'

Kelsey Ann Davies
(Inspire Festival Photographer)

She is also my partner I'd like to thank her for her support in reading through and editing my dyslexic grammar:) and for being so patient and understanding, with what has become my second full time job.

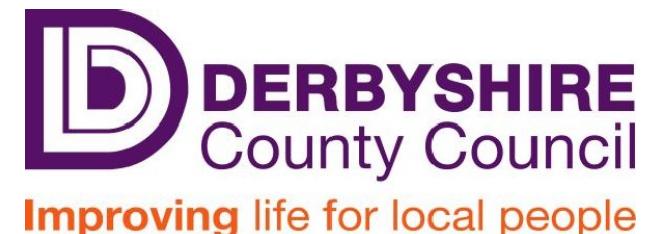
For promoting the festival
Glossop and Buxton Advertiser
Glossop Gazette
High Peak Radio
Artsderbyshire
Julie for High Peaks Womens Aid

The Funders

A big thank you to our funders
Derbyshire County Council - Small Arts Grant

And

Donations from Councillors
David Wilcox, Colin Waude, Godfrey Claff and Ellie Wilcox



WORKSHOP ROOM ONE

| Group | Activity | Contact | Time |
|-----------------------------------|---|--|-------------------------|
| Native American Meditation | Involving dance, chanting, and meditation. This ritual comes from Cherokee earth wisdom Teachings passed down the Cherokee Ywahoo family for 27 generations. Dyhanni Ywahoo, who founded and leads Sunray Meditation Society to share these teachings beyond the family. Jill Neves was empowered to pass on teachings in 1991 by a senior member, and will share them with you on the day of the festival. | Email: catherinep72@hotmail.com | 12:30-1:30 2:00-3:00 |
| Massage and Reflexology | Catherine Pape is a massage therapist and works for Bodyneck Demonstrations of seated massage, sports massage and reflexology | | |
| Native American Meditation | Involving dance, chanting, and meditation. This ritual comes from Cherokee earth wisdom Teachings passed down the Cherokee Ywahoo family for 27 generations. Dyhanni Ywahoo, who founded and leads Sunray Meditation Society to share these teachings beyond the family. Jill Neves was empowered to pass on teachings in 1991 by a senior member, and will share them with you on the day of the festival. | | 4:00-5:00 |

STANDS & STALLS

| GROUP NAME | GROUP DESCRIPTION | CONTACT | Website |
|---------------------------------|---|--|---|
| High Peak Womens Aid | A locally run organisation offering free support to women and children in the High Peak. | Email gwa@f2s.com Tel: 0800 0198 668 | http://highpeakwomensaid.org.uk/ |
| Glossop Guild | Glossop Guild is a not for profit organisation, dedicated to the provision of high quality courses which are both enjoyable and stimulating. | Website http://glossopguild.org/ Email info@glossopguild.org | http://glossopguild.org/ |
| Operation Florian | A fire and rescue humanitarian charity that provides equipment and training across the world to fire services that request assistance. They can then protect their local communities. | Website http://www.operationflorian.com/ Tel 01304 617859 | http://www.operationflorian.com/ |
| Bruce Kent | Has campaigned for nuclear disarmament for over 50 years, as well as human rights, peace, poverty, and many other worthy causes. | Website http://www.intellidatasystems.com/bkcms/ | http://www.intellidatasystems.com/bkcms/ |
| Macmillan Cancer Support | Lets be Clear Get it Checked Out A joint project from Macmillan Cancer Support and The Christie | We intend to hold an Information Stall that will include some interactive games, such as 'Hook a Duck', and some new electronic games. Our aim will be to raise awareness about cancer signs & symptoms and carry out brief advice sessions with people. | Website http://www.christie.nhs.uk/about-the-christie/latest-news/2012/150212.aspx |

STANDS & STALLS

| GROUP NAME | GROUP DESCRIPTION | CONTACT |
|---|--|--|
| Glossop Guide Dogs for the Blind | We intend to hold an Information Stall that will include some interactive games, such as 'Hook a Duck', and some new electronic games. Our aim will be to raise awareness about cancer signs & symptoms and carry out brief advice sessions with people. | Website http://www.guidedogs.org.uk/ Email guidedogs@guidedogs.org.uk Tel 0118 983 5555 |
| Julien Originals | Locally handcrafted gifts from textiles including Bunting, bags, aprons and home décor. Girl guides will be toasting marshmallows and making s'mores while giving you information about Girl Guiding and what they do. | Website https://www.facebook.com/JulienOriginals |
| Girl Guides | The BIG S is a support group for people who have suffered a brain injury and their carers. We will be promoting this group, and also selling some wooden homemade animals. | Website https://www.facebook.com/pages/The-BIG-S/161498717238802 |
| Big S Breathing with Buteyko | Buteyko is a natural, drug-free control of asthma and allergies, anxiety and stress, snoring and sleep problems. This information table will be provided by Dr Janet Winter (PhD) | Website http://www.breathingremedies.co.uk Email info@BreathingRemedies.co.uk Tel 01663 743055 |

STANDS & STALLS

| GROUP NAME | GROUP DESCRIPTION | CONTACT |
|--------------------------------|--|--|
| Work Out Eat Out | Work Out Eat Out presents "Ready, Steady, Chair!" a chair based exercise with imaginative cooking. Our sessions are aimed at adults with learning difficulties and tackle social isolation and promote physical activity with sound nutrition. | Website https://www.facebook.com/pages/Sallienoombeam/197103656977364?ref=ts&fref=ts Email workout.eatout@gmail.com Tel 01457 859299 |
| Sallie moonbeam | Selling a wide variety of traditional sweets. | Website http://www.etsy.com/shop/Emrhollion |
| Emrhollion Handmade | Emrhollion Handmade is a one woman operation based in Chesterfield, Derbyshire. Specialising in Up-cycled Clothing and Accessories | Website https://www.facebook.com/jillian.birtwell |
| Wooden Hearts Woodcraft | I make bowls, platters, candlesticks, wine bottle stoppers, diblers, diblets, butter and cheese knives, mushrooms, apples, pears, wine bottle coasters, pens, etc. Off the lathe I make cheese/chopping/meat boards in a variety of shapes and sizes | Website https://www.facebook.com/jillian.birtwell |

SHTANDS & STALLS

| GROUP NAME | GROUP DESCRIPTION | CONTACT |
|--|--|---|
| Themeland | We supply toys and children's gifts in Glossop and the surrounding towns and villages. | Website Email bev@themeland.co.uk Tel 01457 866624 |
| Missy's Vegan Cupcakes | All my cakes are 100% cruelty free and vegan | Website Email missysvegancupcakes@mail.com |
| C.A.G.E.D Campaign Against Greyhound Exploitation and Death | <p>Michelle Holmes will be representing Campaign Against Greyhound Exploitation and Death Northwest, and also supporting other animal rights groups and campaigns.</p> <p>We are part of Amnesty International. We are a campaigning organisation; it's what we do. Our purpose is to protect people wherever justice, fairness, freedom, and truth are denied</p> | Website Email missysvegancupcakes@mail.com |
| Glossop Amnesty International Group | | Website |

STANDS & STALLS

| GROUP NAME | GROUPS DESCRIPTION | CONTACT |
|--|--|--|
| Glossopdale Transition Initiative | <p>Glossopdale Transition Initiative is a group exploring ways of adapting to the pressures of climate change, resource depletion, and economic austerity. It is part of the Transition Network, an international movement operating on the local level.</p> | Website |
| Tommy's Baby Charity | <p>Glossop resident Ciara Curran is raising awareness for PPROM (Preterm Premature Rupture of Membranes, when your waters break early). After her own experience with PPROM, she decided to make a difference by empowering women so they would not suffer the same fate as her.</p> | Website |
| Harwick Health Store | I sell medicinal/botanical herbs and spices, vitamin and mineral supplements, and all-natural beauty products. | Website |
| Twisted Rocks | Twisted Rocks' jewellery is a collection of unique, handmade gemstone pieces featuring semi-precious gemstones and freshwater pearls, created in the foothills of the Peak District. | Website |

STANDS & STALLS

| GROUP NAME | GROUP DESCRIPTION | CONTACT |
|-------------------------------|---|---|
| Boo Boo Crafts | Leila Blackburn runs Boo Boo Crafts, making felt and fabric gifts and personalised products of all descriptions. She takes orders, too! | Website: https://www.facebook.com/pages/Boo-Boo-Crafts/300329496739419 |
| St Christopher's Trust | <p>St. Christopher's Trust is a Registered Charity, we were established in 1954 as a residential school for people with learning disabilities. The Trust provides Residential and Domiciliary Care and Support to adults in Glossop and Buxton, and we offer supported housing in Glossop. We will arrange for our own table and gazebo/cover for the stall. We will have a "banner" promoting us and what we do, and we will be giving out leaflets to the general public. As explained to you, we will be giving "punch balls" out to people and will be asking for donations to St. Christopher's.</p> <p>Wellsprings</p> <p>The Wellspring is a resource centre for homeless and disadvantaged people. The Wellsprings will be giving out information and also providing a fun game for you to play called 'The Human Fruit Machine'</p> | Website: http://stchristopherstrust.org/ Email: sue@stchristophers.eclipse.co.uk |

ENCHANTED WOODLAND

| Group | Activity | Contact | Time |
|-----------------------------------|---|---|---------------------|
| Inspire Festival Organiser | <p>Flower Origami -Create your own 'Origami Flower' that will be put together to form lights to decorate the woods.</p> <p>Identify photos of microscopic life</p> | Nicola Inspire Festival Organiser Email whatsonnorthwest@hotmail.co.uk | 12:30 - 1:00 |
| The Unseen World | <p>Where do I live? What am I? Am I...? A plant? Fungi?</p> <p>An animal/creature/organism?</p> | Kelsey Ann Davies Photographer with a special interest in Microbiology | 1:00 - 1:30 |
| Enchanted Woodland Parade | <p>Join us for the 'Enchanted Woodland Parade' The parade will take go around 'Hare Hills' wood</p> | Nicola Inspire Festival Organiser Email whatsonnorthwest@hotmail.co.uk | 2:00 - 3:00 |

ENCHANTED WOODLAND

| GROUP | ACTIVITY | CONTACT | TIME |
|---------------------------------------|--|---|-----------------------|
| Glossop Storytellers | <p>Storywalk, mainly for adults; a suggested title would be 'Tales of the Peaks and the Woods'. One or two of us would tell a folk story or two from the Peak District or about trees and woodland, anyone else could tell - or read - something if they would like to, along the way. We could walk through the wood, or over to Harehills/Sandholes, depending on weather, ease of access etc. I would imagine it might take 45 minutes or so.</p> <p>We are an informal group which has been meeting for an Evening of Storytelling on a Friday evening in alternate months for a number of years at Partington Theatre Club, encouraging oral storytelling for grownups, but happy to include some reading of poems, stories and creative writing.</p> | Website: jcooper@glossop.co.uk | 4:00 - 5:00 |
| Friends of George Street Woods | <p>The Friends of George Street Wood area group of local people that are campaigning for George Street Wood to remain open to the public by appealing to High Peak Borough Council for the land to be a designated Local Green Space which would give it the same protection as green belt; the Council is proposing to do this in its new Local Plan currently in development.</p> | Email: georgestreetwoods@hotmail.co.uk | During the Day |

ENCHANTED WOODLAND

| Group | Activity | Contact | Time |
|---|---|--|-----------------------|
| Hippychicklove 'Shiva' Tie-dyed T-shirts and tarot readings | Dressed in a faery theme selling authentic tie-dyed t-shirts & also doing tarot readings | 'HippychickloveShiva' brennjul@aol.com | During the Day |
| Childrens Art Activities and Mask Making | Central Methodist Church - will be providing art activities for children and also a mask making activity for the 'Enchanted Woodland Parade' | Website: http://www.glossopcentralmethodist.org.uk/ | During the Day |
| Furthest Point from the Sea | Full day workshop - Singers, poets, comedians, and tellers of pirate tales. | Website: https://www.facebook.com/groups/thesongwriters/?ref=ts | During the Day |
| Glossopdale Fairtrade Group | Glossopdale Fairtrade Group is a voluntary, grass roots movement campaigning to encourage local employers and businesses, shops, cafés, restaurants, schools, churches, and community groups to use Fairtrade and fairly traded products. | Website: http://www.fairtrade-glossopdale.org.uk/ | During the Day |
| Stuart Mortimore | During the Inspire Festival, we will be making a giant collage of the Fairtrade logo and inviting children and young people to get creative and do some junk modelling with Fairtrade product packaging | Website: https://www.facebook.com/stuart.mortimore | During the Day |
| | Acoustic Music - His repertoire includes blues, children's songs, jazz standards, American civil war songs, music hall, country, 60s | Email: stuartmortimore@btinternet.com | During the Day |

ENCHANTED WOODLAND

| GROUP | ACTIVITY | CONTACT | TIME |
|-------------------------|---|---|-----------------------|
| | WALK THE WHEEL was created in October 2012, with an aim to inspire people to take notice of what is around them. It seeks to draw attention to the natural world and our place within it, highlighting the intrinsic connection between all life on the planet. We firmly believe that by continually exploring and experiencing this connection we can all be inspired to appreciate what we have and improve our health and wellbeing being as a result. At the Inspire Festival, WALK THE WHEEL wants to inspire YOU to take a new look at the world and share with us what you see! At our stand you'll find simple arts and crafts and small challenges designed to get you taking notice of your surroundings. Festival goers are also invited to attend a small creative sharing (time tbc), to hear poems and stories that reflect the upcoming seasonal festival – Lammastas or Lughnasadh - and perhaps share something themselves! | Website: https://www.facebook.com/groups/417547204966602/?fref=ts | During the Day |
| Walk the Wheel | An activity for all to get involved in. The Labyrinth will enhance appreciation for nature as well as helping you to focus your mind on reflection | Pauling Mottram | |
| Making Clay Owls | Susan Couch runs pottery classes in schools and is going to show you how to Make your own owls out of air-dry clay to paint at home. £2 per child | Website: www.facebook.com/susancouchpotteryclub Email: potteryclubscoach@gmail.com | |
| Birds of Prey | Mark Mcneil will be bringing - birds of prey 2 x hawks and 1 x eagle owl Donations welcome for birds' upkeep | Email: potteryclubscoach@gmail.com Susan Couch will pass on your email to Mark | |

WORKSHOP ROOM TWO

| NAME | GROUP DESCRIPTION | WORKSHOP DESCRIPTION | CONTACT |
|---|--|---|---|
| Kids: Create Your Own Picture Book | Kids, how would you like to create your own story, complete with pictures? You can do it in this workshop! | Andrew provides a step by step guide using storytelling and exciting visuals for the children. Children take part in a drawing activity and then a creative writing adventure. The workshop encourages children to be creative, observant, and self-motivated. Parents are welcome to attend this workshop with their children. | Email: gilmores.art@hotmail.com 12:00 - 1:00 |
| Olaughic | This workshop is suitable for ages 3 and up. | Olaughics are running laughter sessions and also happiness and health workshops. | Website: http://www.uklaugh.org/index.html Email: festival@uklaugh.org |
| Better breathing with Buteyko | Provides a range of workshops to help us feel good | Buteyko is a natural, drug-free control of asthma and allergies, anxiety and stress, snoring and sleep problems. | Website: http://www.breathingremedies.co.uk Email: info@BreathingRemedies.co.uk Tel: 01663 743055 2:00 - 3:00 |

WORKSHOP ROOM TWO

| NAME | GROUP DESCRIPTION | WORKSHOP DESCRIPTION | CONTACT |
|--------------------------|--|--|---|
| Work out Eat Out | We are a new service based at The Angel Centre Salford | Work Out Eat Out presents "Ready, Steady, Chair!" a chair based exercise with imaginative cooking. Our sessions are aimed at adults with learning difficulties and tackle social isolation and promote physical activity with sound nutrition. | Website: https://www.facebook.com/workout.eatout Email: workout.eatout@gmail.com Time: 3:00 - 4:00 |
| Wandering Shadows | A creation of contemporary circus and shadow play | Focusing on the collaboration of shadow play, contemporary circus & story telling, the intention is to display and teach such methods of beauty. | Website: http://wandering-shadows.tumblr.com/ Email: lia-b@hotmail.co.uk Time: 4:00 - 5:00 |
| Permaculture | Angus Soutar is the Development Director of CommEnt CIC, an independent enterpriser that assists with the running of community projects. He is also the senior teacher with the Northern School of Permaculture. | The workshop will follow on from the talk by applying themes raised in the talk to Glossop in particular. It will not be necessary for participants to have attended the talk, but it is anticipated that some who have attended the talk will want to apply and develop thoughts generated by it. Glossop is a town to be proud of – lets make it happen! | Website: http://northernschool.info/ Email: paulinemottram@hotmail.com Time: 5:00 - 6:00 |
| Yoga in Glossop | Yoga Classes and Group | Yoga Class | Website: http://yogainglossop.com/ Time: 6:00 - 07:00 |

PERFORMANCES

| NAME | ABOUT THE GROUP | DESCRIPTION | CONTACT |
|--------------------------------------|---|----------------------|---|
| Raintown Seers | unique blend of acoustic music with roots in the folk traditions of both sides of the Atlantic | Music/Band | Website http://www.reverbnation.com/raintownseers Email raintownseers@hotmail.co.uk Time: 12:00 - 1:00 |
| Harp & Monkey | Electric Folk Story Tellers | Music/Band | Website http://www.harp andamonkey.com/ Email harp andamonkey@hotmail.co.uk Time: 1:00 - 2:00 |
| Lippy Kidd & Mark Gittins | Techno Eletronica | Music/Band | Website http://www.lippykidmusic.com/ Email lippykidmusic@gmail.com Time: 2:00 - 3:00 |
| The Symtematics | Garage, Rock, Punk & Indie | Music/Band | Website http://thesystematics.bandcamp.com/ Email george@redzephyr.co.uk Time: 3:00 - 4:00 |
| Kai Swarrett | Kai will be singing and playing the guitar | Singer and Guitarist | Contact: leo4poetry@gmx.com Website http://ameanstoanend.yolasite.com/ Email aen1mpo@yahoo.co.uk Time: 4:00 - 5:00 |
| A Means to an End | A poetry Music Group | Music/Band | Website: http://www.babblingvagabonds.co.uk/ Time: 5:00 - 6:00 |
| BABBLING VAGABOND | Purveyors of sparkly, spintingly, magical theatre, lovingly crafted out of folktales, magic, mirth and mayhem. Found in the nooks and crannies of the world, particularly in the Peak District and surrounding areas. We create theatre shows for people of all ages. | Theatre | Website: http://www.babblingvagabonds.co.uk/ Time: 6:00 - 7:00 |
| Roaring Owls | Duo singing traditional and contemporary folk songs | Music/Band | Website https://soundcloud.com/roaring-owls Email Time: 7:00 - 8:00 |

LIVE ACTS & GUEST SPEAKERS

| Name Group Organisation | Description | Contact | Time |
|--------------------------------------|--|--|------------|
| Tommys Baby Charity | Glossop resident Ciara Curran will give a talk to help raise awareness for PPROM (Preterm Premature Rupture of Membranes, when your waters break early) and baby loss. After her own experience with PPROM, she decided to make a difference by empowering women. | Website: http://www.tommys.org/ | 12:00-1:00 |
| Lia Baron - Wandering Shadows | Interactive performance - A creation of contemporary circus and shadow play | Website: http://wandering-shadows.tumblr.com/ Email: lia-b@hotmail.co.uk | 1:00-2:00 |
| Permaculture | <p>Outline statement of organization: The Northern School of Permaculture provides training and professional development services to build skills in productive, functional design. We work predominantly at the community level, taking a holistic and ecological approach to design. "Small Town - Big Picture" – Angus Soutar</p> <p>The spirit of a small town is generated by local interaction, business activity and a sense of fairness for all. This "spirit" grows through</p> | Website: http://northernschool.info/ Email: paulinemottram@hotmail.com | 2:00-3:00 |

LIVE ACTS GUEST SPEAKERS

| Name Group Organisation | Description | Contact | Time |
|--|---|--|--|
| Bruce Kent | <p>Has campaigned for nuclear disarmament and an end to war for over 50 years, as well as human rights, peace, poverty, and many other worthy causes. Speaking about peace, diversity, and living in harmony with each other.</p> <p>Speaking about peace, diversity, and living in harmony with each other.</p> | Website: http://www.intelidatateams.com/bkcms/ | 3:00-4:00 |
| Glossop Transition Initiative Group | Glossopdale Transition Initiative is a group exploring ways of adapting to the pressures of climate change, resource depletion, and economic austerity. It is a part of the Transition Network, an international movement operating on the local level. | Whether you're passionate about local food & textiles, cleaner transport, renewable energy, or alternate economic arrangements, there's something for everyone. Glossopdale Transition Initiative is looking for more people to join in helping transform Glossopdale into a greener community, capable of facing these challenges. | 4:00-5:00 |
| Glossop Community Group | They will be giving a talk about what Transition is, how you can get involved, and also about its subgroups. | Glossop Community Groups is a group to enable people to come together share information, and promote community groups and events. If you run a group or event please come along and promote your group, alternatively if would like to know more or make suggestions on what you would like to be available in Glossop please come and take part in our informal discussion. | Contact: Nicola Worswick Email: whatsonnorthwest@hotmail.co.uk Website: https://www.facebook.com/InspireFestival |