



What's on North West Newsletter

Hello Everyone,

I set up the What's on North West group to enable people to come together and share valuable information.

The more people that share information, the more diverse the group becomes, and the more areas within the North West are covered.

You can share information directly on the Facebook page for others to view. If you would like something to feature in the Newsletter, please get in touch.

What's on North West

Promotes positive community connecting by bringing together like minded people who share the interests and values listed below:

| | |
|------------------------------|-----------------------------|
| Community Groups | Animal Rights |
| Events and Meetups | Diversity & Equality |
| Health and Well being | Hobbies and Interests |
| Supporting the Public Sector | Compassion and Positivity |
| Supporting the NHS | Mindfulness |
| Arts | Peace |
| Culture | Grassroots |
| Projects/Campaign Groups | Preventing Isolation |
| Charities | Local Shops |
| Human Rights | Fair Trade |
| Green/Environmental | Sustainability |
| | Local pubs (not chain pubs) |

Suggestions

I have opened this link to enable members to make suggestions for the group. You can also make suggestions by email if you don't have Facebook

<http://www.facebook.com/notes/whats-on-north-west-england/suggestions/406642579432794>

Events

Original Rebels Morning Star Social

Come down to the Three Minute Theatre in Afflecks Palace, Manchester for an evening of entertainment from Dave Puller, Claire Mooney, and guests including music, stand up, poetry, and more.

Thursday 28th March -19.30

Entry is £3 per head with proceeds going to the Morning Star. Doors open at 7pm

<http://www.facebook.com/events/137061903130558/>



Charity Event

The Big Bunny Bike Ride
Saturday 30th March

Don your bunny ears and fluffy tails and join CancerCare for The Big Bunny Bike Ride.

We'll be dressing up as Easter bunnies for a 5 mile family bike ride along Morecambe Prom taking in the great scenery of the Lakeland hills and beyond!

The event starts at VVV Health and Fitness Club at 11am (Registration open from 10:15am) and finishes at Happy Mount Park where we welcome you to take part in an Easter Extravaganza! The REAL Easter Bunny will be there to meet you and there'll be lots of Easter Crafts and games including the traditional Happy Mount Park Grand Easter Egg Hunt!

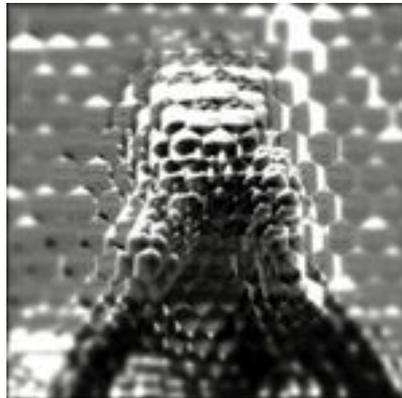
We are offering a prize for the "Best Bunny" fancy dress outfit, and why not dress your bike up too? There'll also be a prize for the child who raises the most sponsorship money. When you register you'll be sent your very own sponsorship form so bring it along on the day with your sponsor money for a chance to win!

Registration is only £5 for adults and kids under 14 ride free (up to 2 kids per adult).

Register now at www.thebigbunnybikeride.org.uk

Music

Lippy Kid



The **Lippy Kid Electronica project** is the creation of Chesterfield-based musician Paul Scott. Launched at the start of 2012, through the *Lippy Kid* project, Paul aims to create thematic, danceable melodies from minimal techno loops. *Lippy Kid* absorbs an array of musical influences from David Bowie, Radiohead, the Manchester Rave Scene, to Donna Summer with inspiration from electronic artists such as Sweden's Axel Willner aka *The Field* and *Gold Panda*.

Lippy Kid will be playing at the Inspire Festival on the 3rd of August

New music from Lippy Kid

Néron Minimal continues my Techno Minimal Loops Electronica theme. This time each track is inspired by a poem or painting that takes the seasons as a theme - Spring, Summer, Autumn and Winter.

In keeping with my key interest and motivation for the Lippy Kid Electronica Project, i.e. that of artistic collaboration and "discovering creativity you may have once thought lost", for this release I have worked with **local Derbyshire** artist **Anna Krystyna Casey** on all artwork associated with the cover art and liner notes.

I've provided a brief update on the release via the news page on my website that you can read here:

<http://www.lippykidmusic.com/news>

You can also read about Anna's work on her own website here:

<http://www.anna-krystyna-casey.com/>

The project has been really enjoyable and we're both delighted with the outcome. I'm expecting to formally release the music at the end of March, and will be including tracks from the EP as part of the set I perform at the Inspire Festival.

Missy's Vegan Cupcakes

All my cakes are 100% cruelty free and vegan and made using home made ingredients such as jam/conserves, wine, and chocolates. My cakes are for everybody to try whether you are vegan, veggie, or non veggie. A lot of people think that because you are vegan, you miss out, I want to spread the word that you don't have to miss out - in fact, I do believe that vegan cakes taste better than cakes made using animal derived ingredients. If you don't believe me, try them for yourself! The cupcakes in the picture are Chocolate Stout.

<http://www.facebook.com/MissysVeganCupcakes>

Missy's Vegan Cupcakes will be at the Inspire Festival on the 3rd of August



**Please send me details to appear in the next
Newsletter.**

Thank you,

Nicola